



PINNACLE TRAVEL

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五洲旅行社

* 12 Days 11 Nights Mystical Tibet Tour *

Private Tour Min. 6 Pax Daily Departure Price frSGD2,188 per pax

Day 1 Arrival In Chengdu (No Meal)



Welcome To Chengdu

Arrive at Chengdu airport, you will be greeted by our local representative and transferred to your hotel to rest and prepare for the next day journey to **Nyingchi**. Known for its breathtaking natural beauty, **Nyingchi** also offers a rich blend of Tibetan culture, with local customs and traditions adding to its unique charm.

Day 2 Chengdu – Nyingchi – Bome (Breakfast)



Tibetan Highlands Nature Escape

Depart from Chengdu and fly to Nyingchi to begin your journey. The first stop is the **Niyang River**, also known as the Mother River, famous for its clear, emerald green water especially stunning in early autumn. Next, we'll head up to **Segyi La Mountain Pass**, where you will have a chance to see **Namcha Barwa**, known as the Father of Tibetan Mountains, towering in the distance. Then continue to **Lulang Forest Sea**, a peaceful stretch of green meadows, alpine forests, and traditional Tibetan villages. Take a moment to enjoy the view wooden houses and small bridges add to the charm. After a full day of exploring, you will continue to Bome for a relaxing overnight stay.

Day 3 Bome – Laigu Glacier – Ranwu (Breakfast)



Laigu Glacier & Ranwu Views

Today's journey take you to **Laigu Glacier** in Baxoi County. It is the biggest and oldest oceanic glacier in Tibet, known for its stunning blue ice and incredible views. From there, you will head to **Ranwu Lake**, a super scenic spot where the water changes colour from emerald, green to deep blue, depending on the light and depth. It is a great place to just take in the beauty or snap some photos. Overnight at Ranwu Town.

Day 4 Ranwu – Bome – Nyingchi (Breakfast)



Spruce Forest & Lulang Journey

Depart from Ranwu and head to **Baka Village** and the **Gangyun Spruce Forest** in Bome County, renowned for its towering spruce trees. It is one of China's most beautiful forests and is the only one selected in Tibet. After enjoying the amazing scenery, you will continue to **Lulang**, known for its traditional Tibetan buildings and beautiful natural scenery. At the end of the day, transfer to your hotel in Nyingchi.

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Day 5 Nyingchi – Lhasa

(Breakfast)



Spiritual Heritage Of Ganden Monastery

Set out to explore **Pagsum Lake**, a beautiful alpine lake in Nyingchi Prefecture. The lake is known for its turquoise water, which changes shades with the seasons, a great place to take photos. After that, you will travel to **Ganden Monastery** near Lhasa, where you can explore the deep roots of Gelugpa Tibetan Buddhism and take in the stunning mountain scenery surrounding the area. After the visit, transfer to your hotel in Lhasa to conclude

the day.

Day 6 Lhasa

(Breakfast)



Majestic View Of The Potala Palace

Begin by discovering the **Potala Palace**, a massive fortress like structure in Lhasa, Tibet. It is famous for its stunning architecture, deep connection to Tibetan Buddhism, and panoramic views over the city. Next, you will head to **Da Zhao Si**, the most sacred and revered temple in Tibetan Buddhism. It features a unique blend of Indian, Tibetan, and Nepalese architectural styles and holds great spiritual significance. After that, you will

explore **Barkhor Street**, a lively market area in the heart of Lhasa. Here, you can shop for local snacks, try on traditional Tibetan clothing, and shop for unique handicrafts including items from nearby Nepal. Relax and enjoy the remainder of the evening at your hotel.

Day 7 Lhasa – Gyantse – Shigatse

(Breakfast)



Lakes, Glacier & Monastery Tour

Experience the beauty of **Yamdrok Lake**, a stunning lake near Lhasa. Shaped like a Chinese character, it is renowned for its beautiful natural scenery and tranquil surroundings. Next, you will head to the **Karuola Glacier**, famous for its dramatic ice falls. The glacier has an ice cap on top and two ice tongues at the bottom that look like frozen waterfalls. Then, you will visit the **Kumbum Stupa** at Pelkhor Chode Monastery in Gyantse. It is the only

stupa of its kind in Tibet and an important cultural site. After the tour, you will return to your hotel for rest in Shigatse.

Day 8 Shigatse – Mount Everest Base Camp

(Breakfast)



Sacred Monastery to Everest Views

Start the day by visiting **Tashilhunpo Monastery**, one of the six main Gelugpa monasteries. It has some cool architecture and lots of historic spots to check out. You can walk around, take it all in, and learn a bit about its history as you explore the area. After that, you will head up to **Gyawu La Pass**, where you can get a clear look at **Mount Everest** along with some of the highest peaks in the world. Continuing off to **Mount Everest Base Camp**, where

you will be staying at the **Rongbuk Monastery Guesthouse**. It is an awesome experience being that close to the mountain where you will really get a feel for what it is like to be near the top of the world. Enjoy the evening at leisure at your hotel.

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Day 9 Mount Everest Base Camp – Shigatse (Breakfast)



Eastern Everest & Sakya Heritage

Today, continue your journey to the **Dinggye Xilin Viewpoint**, where you will enjoy stunning views of **Mount Everest's eastern slope** and **Lhotse**, offering a unique perspective compared to the more commonly seen northern view. Then head to **Sakya Monastery**, the main monastery of the Sakya school of Tibetan Buddhism. The building is impressive, with high black walls and watchtowers at each corner. As you explore, you will be surrounded by Tibetan history and culture. After dinner, you will be transferred back to your hotel to rest and recharge for the next day.

Day 10 Shigatse – Lhasa – Damxung (Breakfast)



Nomads, Grasslands & Hot Springs

Start the morning with a visit to **Nimu**, a place known for making traditional **Tibetan incense**. You will learn about the local culture and see how the incense is made. Next, head to the **Xumai Grassland**, where Tibetan nomads live in a traditional way. You will see people in traditional clothes, riding horses, and taking care of goats or sheep in the open fields. Then continue to **Yangbajing**, which is famous for its hot springs and geysers. You will see boiling springs, hot-water lakes, and other amazing natural sights that are rare in the world. After a full day, you will head to Damxung for an overnight stay.

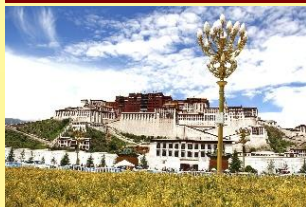
Day 11 Damxung – Lhasa (Breakfast)



Lakeside Calm & Hot Springs

In the morning, travel to the **west coast of Tashi Dor**, a beautiful and peaceful place with nature and a bit of adventure. Enjoy the quiet views and calm surroundings. After that, continue to **Nyenchen Tangula**, where you will visit the famous **Yangpachen Hot Spring**. It is located on a high plateau and covers a large area. The water is very hot up to 70°C and you can see it bubbling and steaming. It is a peaceful place, mostly visited by local Tibetans, where you can relax in the hot spring away from the crowds. After enjoying the hot spring, transfer back to your hotel in Lhasa.

Day 12 Departure From Lhasa (Breakfast)



Farewell Lhasa

After breakfast, free time at leisure. Hotel check out by noon. At scheduled time, departure transfer to Lhasa airport.

Tour Code: P12DTFULXATIB